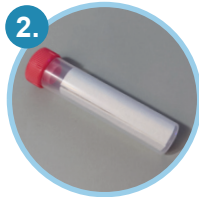


### Your kit contains:



1 Urine monovette



1 Transport Tube



1 Sample dispatch note



1 Return envelope



1 Specimen bag



1 Collection cup



- Use the first stream of your morning urine.
- Collect the morning first stream of urine in the collection cup.



- Remove the yellow lid of the urine monovette.
- Place the straw on the tip of the monovette and aspirate the urine.



- Close the urine monovette again with the same yellow cap. Now break off the white stamp.



- Now place the urine monovette in the transport tube with lid and close the lid tightly.



- Fill out all the information on the sample dispatch note and sign it at the bottom.
- Don't forget your email address and your date of birth!



- Place the transport tube with the sample inside into the specimen bag. Ensure the specimen bag is properly sealed.
- For shipping, place everything in the grey return envelope and send it back to our laboratory.